

School Year 2009-2010

Dear Parent,

It has come to my attention that \_\_\_\_\_ has food allergies, and needs to have some substitutions on certain days. I am a Registered Dietitian, and the basic meal menu is set up for the student on a regular diet. We send the menu home monthly so those students with preferences or special needs can plan ahead. Menus are also available on the MSD web site: <http://www.msd281.org>

With a note on file from your physician, we can accommodate students with certain dietary needs. In more restrictive situations, parents find that it is best for their child if they send appropriate meals.

Please let me know if I can be of help with your child's diet while at school. I can be reached at 892-1123.

Sincerely,

Mimi Pengilly, R.D.  
Director of Student Nutrition Services

**Moscow School District  
2009-2010 School Year  
Prescription for Meals at School**

**Return completed form to: Mimi Pengilly, R.D.  
Director of Student Nutrition Services, SSF**

Students Name:

School:

Grade:

Disability:

Major Life Activity affected:

Or

Non-disabling medical condition:

**Diet Prescription (circle all that apply)**

- Food Allergy
- Increased calorie
- Decreased calorie
- Diabetic
- PKU
- Texture modification
- Other

Foods to Omit:

Foods to Substitute

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**I certify that the above named student needs special school meals prepared as described above because of the student's disability or chronic medical condition.**

\_\_\_\_\_  
**Signature of Physician or Recognized Medical Authority**

**Phone Number** \_\_\_\_\_

**Date** \_\_\_\_\_

**Copy to:      School Office      School Kitchen      SNS office**