

Moscow School District

May June 2010

McDonald School

Monday	Tuesday	Wednesday	Thursday	Friday
May - 3 FRENCH TOAST/SYRUP PORK SAUSAGE PATTY or PEANUT BUTTER SAND Potato, Hash Brown Cinnamon Applesauce Milk Choices	May - 4 BURRITO or YOGURT Veggies Chilled Fruit Tortilla Chips Milk Choices	May - 5 Fish Sandwich or PEANUT BUTTER SAND Potato Wedges Veggies Fresh Fruit Choices Milk Choices	May - 6 NO SCHOOL TODAY	May - 7 NO SCHOOL TODAY
May - 10 PIGS IN A BLANKET or PEANUT BUTTER SAND Baked Beans Fresh Fruit Choices Chocolate Pudding Milk Choices	May - 11 SOFT TACO or YOGURT Corn Chilled Fruit Tortilla Chips Milk Choices	May - 12 MANDARIN CHICKEN Rice or PEANUT BUTTER SAND Steamed Vegetables Chilled Fruit Milk Choices	May - 13 SUB SANDWICH or YOGURT Veggies Chilled Fruit Potato Chips Milk Choices	May - 14 PIZZA or PEANUT BUTTER SAND Tossed Salad Pineapple Bread Stick Milk Choices
May - 17 Chicken Pattie /Bun or PEANUT BUTTER SAND Steamed Vegetables Fresh Fruit Choices Milk Choices BROWNIES	May - 18 CHICKEN FAJITAS or YOGURT SPANISH RICE Veggies Chilled Fruit Milk Choices	May - 19 SLOPPY JOE ON A ROLL or PEANUT BUTTER SAND French Fries Veggies Chilled Fruit Milk Choices	May - 20 Spaghetti and Meat Sauce or YOGURT Tossed Salad Orange Halves Italian Bread Milk Choices	May - 21 HAMBURGER ON A BUN or PEANUT BUTTER SAND Potato Wedges Chilled Fruit Wafer Cookie Milk Choices
May - 24 CHICKEN NUGGETS or PEANUT BUTTER SAND BROCCOLI Chilled Fruit Wheat Roll Milk Choices	May - 25 BAKED POTATO/TOPPING or YOGURT Green Beans Fresh Fruit Choices Milk Choices	May - 26 BREADSTICKS / SAUCE STRING CHEESE STICK or PEANUT BUTTER SAND Tossed Salad Chilled Fruit Milk Choices	May - 27 TUNA SALAD SANDWICH or YOGURT Potato Chips Veggies Fresh Fruit Choices Milk Choices	May - 28 Pizza Choices or PEANUT BUTTER SAND Tossed Salad Pineapple Ice Cream Bar Milk Choices
May - 31 NO SCHOOL TODAY	Jun - 1 Chicken Pattie /Bun or YOGURT Steamed Vegetables Fresh Fruit Choices Milk Choices BROWNIES	Jun - 2 CHOICE MENU DAY	Jun - 3 SUB SANDWICH or YOGURT Veggies Chilled Fruit Potato Chips Milk Choices	Jun - 4 CHOICE MENU DAY
Jun - 7 CHOICE MENU DAY	Jun - 8 CHOICE MENU DAY	Jun - 9 CHOICE MENU DAY		

USDA is an equal opportunity provider and employer.
Menus subject to change based on product availability.

	Average	Target	% of Target		Average	% of Calories	Target
Calories	708	664	107%	Protein	30.47 g	17.22%	9.77
Cholesterol	52 mg	100	52%	Carbohyd	106.40 g	60.11%	
Sodium	1213 mg	1328	91%	Tot. Fat	19.10 g	24.28%	<30.00%
Fiber	7.63 g	6.64	115%	Sat. Fat	5.90 g	7.50%	<10.00%
Iron	4.43 mg	3.47	128%				
Calcium	506.46 mg	286.00	177%				
Vitamin A	4647 IU	1119	415%				
Vitamin C	21.65* mg	15.24	142%				

NOTE: * - Denotes missing or incomplete Nutrient Data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.