

# Moscow School District

May June 2010

Paradise Creek HS

Monday	Tuesday	Wednesday	Thursday	Friday
May - 3 FRENCH TOAST/SYRUP PORK SAUSAGE PATTY Potato, Hash Brown Cinnamon Applesauce Milk Choices	May - 4 BURRITO Veggies Chilled Fruit Tortilla Chips Milk Choices	May - 5 HAMBURGER ON A BUN Steamed Vegetables Fresh Fruit Choices Milk Choices	May - 6 NO SCHOOL TODAY	May - 7 NO SCHOOL TODAY
May - 10 PIGS IN A BLANKET Baked Beans Fresh Fruit Choices Chocolate Pudding Milk Choices	May - 11 SOFT TACO Corn Chilled Fruit Tortilla Chips Milk Choices	May - 12 MANDARIN CHICKEN Rice Steamed Vegetables Chilled Fruit Milk Choices	May - 13 SUB SANDWICH Veggies Chilled Fruit Potato Chips Milk Choices	May - 14 PIZZA Tossed Salad Pineapple Bread Stick Milk Choices
May - 17 Chicken Pattie /Bun Steamed Vegetables Fresh Fruit Choices Milk Choices BROWNIES	May - 18 CHICKEN FAJITAS SPANISH RICE Veggies Chilled Fruit Milk Choices	May - 19 CORN DOG Potato Chips Veggies Fresh Fruit Choices Milk Choices	May - 20 Sloppy Joes on Bun Tossed Salad Orange Halves Milk Choices	May - 21 HAMBURGER ON A BUN Potato Wedges Chilled Fruit Wafer Cookie Milk Choices
May - 24 Chicken Nuggets BROCCOLI Chilled Fruit Wheat Roll Milk Choices	May - 25 CHOICE MENU DAY	May - 26 BREADSTICKS / SAUCE STRING CHEESE STICK Tossed Salad Chilled Fruit Milk Choices	May - 27 NACHOS Veggies Fresh Fruit Choices Milk Choices	May - 28 PIZZA Tossed Salad Pineapple Ice Cream Bar Milk Choices
May - 31 NO SCHOOL TODAY	Jun - 1 Chicken Pattie /Bun Steamed Vegetables Fresh Fruit Choices Milk Choices Animal Crackers	Jun - 2 CHICKEN FAJITAS Potato Chips Veggies Fresh Fruit Choices Fruitibbble Milk Choices	Jun - 3 SUB SANDWICH Veggies Chilled Fruit Potato Chips Milk Choices	Jun - 4 HOT DOG MACARONI AND CHEESE Chilled Fruit Veggies Milk Choices
Jun - 7 CHOICE MENU DAY	Jun - 8 CHOICE MENU DAY	Jun - 9 CHOICE MENU DAY		

USDA is an equal opportunity provider and employer.  
Menus subject to change based on product availability.

	Average	Target	% of Target		Average	% of Target	Target
Calories	803	846	95%	Protein	31.54 g	15.71%	16.70
Cholesterol	57 mg	100	57%	Carbohyd	125.93 g	62.73%	
Sodium	1426 mg	1734	82%	Tot. Fat	21.16 g	23.72%	<30.00%
Fiber	10.46 g	8.60	122%	Sat. Fat	6.66 g	7.46%	<10.00%
Iron	5.33 mg	4.50	118%				
Calcium	535.60 mg	400.00	134%				
Vitamin A	6972 IU	1500	465%				
Vitamin C	34.49* mg	19.18	180%				

NOTE: \* - Denotes missing or incomplete Nutrient Data.

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**