



WEEKLY H1N1 INFLUENZA BULLETIN October 16, 2009

RECENT ANNOUNCEMENTS

Update on H1N1 Vaccine Orders

As of Friday, October 9, 2009, all states and the District of Columbia have placed orders for vaccine, and more orders are expected daily. As of Monday, October 12, 2009, there were a total of 9,772,600 total doses allocated, and 5,846,000 doses ordered. As of Thursday, October 15, 2009, 11.6 million doses have been allocated to the states to order.

The vaccine situation changes rapidly – throughout each day, vaccine is being shipped from the vaccine manufacturers to McKesson distribution centers; orders are coming into McKesson; orders are being processed and shipped; and vaccine is arriving in thousands of places across the country. Initial doses of 2009 H1N1 “flu shot” are expected to be shipped beginning the week of October 12, 2009, with additional doses scheduled for shipment each week. McKesson, the distributor for the 2009 H1N1 vaccine, is increasing the number of delivery sites from 90,000 to 150,000.

October 14: Infection Control Guidance

The Centers for Disease Control released updated interim guidance on infection control measures to prevent transmission of 2009 H1N1 influenza in healthcare facilities.

Interim Guidance: <http://www.flu.gov/professional/hospital/infectioncontrolguidance.html>

FAQ: http://www.cdc.gov/H1N1flu/guidance/control_measures_qa.htm

CDC H1N1 Plain Language Materials

Available from: [Seasonal Flu: Free Resources](#)

Trifold Brochures:

- Seasonal and Novel H1N1 Flu: A Guide for Parents ([upright](#), [reversed](#))
- CDC says "Take 3" Steps to Fight the Flu ([upright](#), [reversed](#), [Spanish](#))

Flyers:

- [2009 H1N1 and Seasonal Flu: What to do if you get sick](#)

Posters:

- [Children Need Flu Vaccine - Including H1N1](#)
Protect children from seasonal & H1N1 flu
- I'll Protect my baby ([version 1](#), [version 2](#))
Even if you're healthy, if you live with or care for someone at increased risk for serious complications from influenza, including seasonal flu and 2009 H1N1 flu, you should get vaccinated.
- [My Little Girl Has Diabetes](#)
This flu season, kids also need to get a vaccine to protect them from 2009 H1N1 influenza.

- [My Little Boy has Asthma](#)
This flu season, kids also need to get a vaccine to protect them from 2009 H1N1 influenza.
- [I can't cover my shift](#)
Even if you're healthy, you can get sick and spread seasonal or 2009 H1N1 flu to your co-workers, patients, or even bring it home to your family.
- [Why didn't I get my flu vaccine?](#)
- ["Take 3" Actions to Fight the Flu](#)
These actions will protect against 2009 H1N1 too!

Other Materials:

- [2009-10 Seasonal Influenza Vaccine Dosage Chart](#)
Information on the Inactivated, Injectable Influenza Vaccine
- [CDC's media toolkit](#) - for use in planning events for National Influenza Vaccination Week (NIVW)

TOOLKITS

HHS has made a variety of toolkits available online for use in businesses and government offices, child care settings, K-12 schools and higher education institutions. Each toolkit contains:

- Frequently Asked Questions about H1N1 Preparedness
- Fact Sheets
- Posters
- Template Letters/Emails
- Additional Communications Tools

Businesses and Employers

<http://www.flu.gov/professional/business/toolkit.html>
<http://www.flu.gov/professional/business/toolkit.pdf> (PDF)

Child Care and Early Childhood Programs

<http://www.cdc.gov/h1n1flu/childcare/toolkit/>
http://www.cdc.gov/h1n1flu/childcare/toolkit/pdf/childcare_toolkit.pdf (PDF)

K-12 Schools

<http://www.cdc.gov/h1n1flu/schools/toolkit/>
<http://www.cdc.gov/h1n1flu/schools/toolkit/pdf/schoolflutoolkit.pdf> (PDF)

Institutions of Higher Education

<http://www.cdc.gov/h1n1flu/institutions/toolkit/>
http://www.cdc.gov/h1n1flu/institutions/toolkit/pdf/InstitutionsHigherEducation_toolkit.pdf (PDF)

Federal Workforce

<http://www.flu.gov/professional/federal/workplace/index.html#prepare>
http://www.flu.gov/professional/federal/workplace/federal_toolkit.pdf (PDF)

ARCHIVED WEB CASTS

The following web casts can be found at <http://www.flu.gov/news/knowwhattodo.html>:

- **NEW: September 30: Individuals Working With Seniors**
 - Dr. Anthony Fiore, CDC Influenza Division
 - Kathy Greenlee, Assistant Secretary for Aging (AOA)
 - Sandra Markwood, National Association of Area Agencies on Aging
 - James Firman, National Council on Aging

- **September 18: For Small Businesses**
 - Lisa Koonin, CDC
 - Dr. Alexander Garza, M.D., DHS
 - Karen Harned, NFIB Executive Director
 - Joe Zepecki, SBA Dep. Assistant Administrator

- **September 9: For Parents and Child Care Providers**
 - Roberta Lavin, Agency for Children and Families (ACF)
 - Dr. Georgina Peacock, CDC Center for Health Promotion
 - Dr. David Callahan, CDC National Center for Environmental Health
 - Dr. Ann Albright, CDC Division of Diabetes Translation

- **August 27: For Pregnant Women and New Moms**
 - Secretary Kathleen Sebelius, HHS
 - Tina Chin, White House Council on Women
 - Rear Admiral Anne Schuchat, CDC
 - Dr. Tony Fauci, National Institutes of Health/NIAD
 - Dr. Laura Riley, OB/GYN - Mass General Hospital
 - Tina Johnson, American College of Midwives

- **August 20: Release of Business Guidance**
 - Dr. Toby Merlin, CDC
 - Dr. Till Jolly, DHS
 - Travis Sullivan, DOC
 - Ann Beauchesne, U.S. Chamber of Congress

- **August 4: H1N1 Response Status Update**
 - Secretary Kathleen Sebelius, HHS
 - Secretary Janet Napolitano, DHS
 - Secretary Arne Duncan, Education
 - Rear Admiral Anne Schuchat, CDC

OTHER RESOURCES

PSAs Available

Share these new videos, featuring Elmo, PSA contest finalists, celebrities and U.S. Senators and Representatives. <http://www.flu.gov/psa/index.html>

New www.flu.gov features!

Flu Myths and Facts: Debunks some of the myths about the H1N1 virus and vaccine, and provides accurate information on vaccinations, the flu, and public health. <http://www.flu.gov/myths/index.html>

H1N1 Flu Self-Evaluation Guide: Gives individuals 18 and older more information about what they can do to take care of themselves, prevent the spread of the flu to other members of their families, and identify the warning signs of more serious flu symptoms -- symptoms that require the attention of a medical professional. <http://www.flu.gov/evaluation/>

Flu Shot Locator: Find information about where states plan to offer seasonal or H1N1 flu vaccine. <http://www.flu.gov/individualfamily/vaccination/locator.html>

Flu Essentials: What You Need to Know

Download and share these useful information sheets.

- [People with Asthma \(PDF\)](#)
- [People with Diabetes or Who Have a Weakened Immune System \(PDF\)](#)
- [Doctors and Other Health Care Providers \(PDF\)](#)
- [Emergency Warning Signs \(PDF\)](#)
- [Symptoms & Basic Steps \(PDF\)](#)
- [Parents and Caregivers of Young Children \(PDF\)](#)
- [Pregnant Women \(PDF\)](#)
- [10 Ways You Can Stay Healthy at Work \(PDF\)](#)
- [Who's at High Risk for Complications? \(PDF\)](#)

H1N1 Flu: A Guide for Community and Faith-based Organizations

This document was produced by the Center for Faith-based and Neighborhood Partnerships at the U.S. Department of Health and Human Services to provide information about how community or faith-based organizations can:

- Ensure information is communicated effectively, accurately, and with cultural sensitivity to community members,
- Help those who are most vulnerable and hard to reach,
- Partner with local governments to assist in vaccine distribution, and
- Adjust activities in ways that will help protect your community from flu.

<http://www.flu.gov/professional/community/cfboguidance.pdf>

State Health Officials Letter from CMS

This letter provides guidance to States regarding the 2009 H1N1 public health emergency declaration.

While this Secretarial declaration has no direct impact on the Medicaid program or the Children's Health Insurance Program (CHIP), the declaration supports a number of Federal emergency response activities and underscores the importance of ensuring that States are reviewing the operation and management of their Medicaid and CHIP programs to ensure that beneficiaries receive health care services related to 2009 H1N1 influenza effectively, efficiently and in the most appropriate settings.

<http://www.cms.hhs.gov/smdl/downloads/SHO092409.pdf>

September 24: The Essentials: Planning Guide for Mass Medical Care When Demand Is Greater than Resources

HHS's Agency for Healthcare Research and Quality (AHRQ) today released a condensed version of a 2007 mass medical care planning guide that contains updated resources and new information specific to H1N1. *Mass Medical Care With Scarce Resources: The Essentials* is a resource for community

planners to prepare for public health emergencies, such as pandemic flu, when demand for medical resources outweighs supply. <http://www.ahrq.gov/prep/mmcessentials/>

September 23: Guidance on Flexibility and Waivers for State Education Agencies, Local Education Agencies, Postsecondary Institutions, and Other Grantee and Program Participants in Responding to Pandemic Influenza

The Department of Education has issued guidance regarding waivers (and other forms of relief) from federal education requirements that may provide flexibility necessary to efficiently close schools and otherwise respond to the administrative challenges presented by an influenza outbreak.

<http://www.ed.gov/admins/lead/safety/emergencyplan/pandemic/guidance/flexibility-and-waivers.doc>

Testimony by Secretary Kathleen Sebelius before the U.S. House of Representatives Committee on Energy and Commerce, *Preparing for the 2009-2010 Influenza Season* ([link](#))

Statement by Dr. Anthony Fauci, Director, National Institute of Allergy and Infectious Diseases, NIH, Regarding Early Results from Clinical Trials of 2009 H1N1 Influenza Vaccines in Healthy Adults ([link](#))

2009 H1N1 Flu: Situation Update

<http://www.cdc.gov/h1n1flu/update.htm>

School-Located Vaccination Planning Materials and Templates

<http://www.cdc.gov/h1n1flu/vaccination/slv/>

H1N1 Influenza Vaccine Q&A

http://www.cdc.gov/h1n1flu/vaccination/public/vaccination_qa_pub.htm

Key Facts About 2009 H1N1 Flu Vaccine

http://www.cdc.gov/h1n1flu/vaccination/vaccine_keyfacts.htm

Revised Recommendations on the Use of Influenza Antiviral Drugs

<http://www.cdc.gov/h1n1flu/antiviral.htm>

H1N1 Vaccination Planning Q&A for State and Local Officials

<http://www.cdc.gov/h1n1flu/vaccination/statelocal/qa.htm>

Medicare and H1N1 Vaccinations

General Info

<http://www.cms.hhs.gov/AdultImmunizations/>

Q&As on H1N1 and 1135 Waivers

http://www.cms.hhs.gov/Emergency/Downloads/Medicare_FFS_Emergency_Qs_As_082609.pdf

ADD the www.FLU.gov WIDGET TO YOUR HOMEPAGE

<http://www.hhs.gov/web/library/hhsfluwidgets.html>

UPDATED GUIDANCE

Guidance for Pharmacists

Information for pharmacists regarding vaccine storage and anti-viral usage.

http://www.cdc.gov/H1N1flu/pharmacist/pharmacist_info.htm

Guidance for Patients

New! *2009 H1N1 Flu and Seasonal Flu Information for People with Inflammatory Arthritis or Rheumatic Disease*

The purpose of this document is to provide guidance for people with inflammatory arthritis and rheumatic disease regarding seasonal and H1N1 flu.

<http://www.cdc.gov/h1n1flu/arthritis.htm>

Patients with cardiovascular disease:

The information is important for people with heart disease, stroke, and cardiovascular disease.

<http://www.cdc.gov/h1n1flu/heart.htm>

Caring for a sick person in your home:

This document presents information that can help provide a safer care at home for sick persons who may have H1N1. It contains information on how the flu spreads, medications to take, good hygiene etiquette, placement of a sick person, and ways to protect others in the home.

http://www.cdc.gov/h1n1flu/guidance_homecare.htm

Home care guidance/physician directions to patient and parents:

This document provides interim guidance on treating H1N1. Discusses symptoms, when to seek emergency care, and home care recommendations.

http://www.cdc.gov/h1n1flu/guidance_homecare_directions.htm

Guidance for Pregnant and Breastfeeding Women

What pregnant women should know about the H1N1 flu:

<http://www.cdc.gov/h1n1flu/guidance/pregnant.htm>

Info for Pregnant Women in Education, Child Care, and Healthcare:

This is information for pregnant women who work in jobs where they are more likely to be exposed to people with H1N1.

<http://www.cdc.gov/h1n1flu/guidance/pregnant-hcw-educators.htm>

What parents should know about feeding your infant:

This document discusses whether or not mothers should breastfeed their infants, various ways to protect them from the virus, approaches to feeding infants if sick, and whether or not the virus can be transmitted through breastfeeding.

<http://www.cdc.gov/h1n1flu/infantfeeding.htm>

Guidance for Businesses and Employers

General Information:

This document recommends different guidelines for businesses and employers to plan and respond to H1N1. Document includes actions that employers should take now to prepare for such an outbreak and important components of a pandemic plan. <http://www.cdc.gov/h1n1flu/business/guidance/>

Small Business Guidance:

This document focuses specifically on the challenges faced by small businesses across the country. <http://www.flu.gov/professional/business/smallbiz.html>

Guidance for Emergency Personnel

This document provides steps for 9-1-1 and healthcare systems to take in the event that they experience a surge in calls or walk-in visits for care, advice and information.

http://www.cdc.gov/h1n1flu/guidance_ems.htm

Guidance for Community Settings

Guidance on Exclusion:

This document recommends that people with H1N1 like symptoms remain at home until at least 24 hours after they are free of fever.

<http://www.cdc.gov/h1n1flu/guidance/exclusion.htm>

Public gatherings:

This document discusses community situations in which crowding is likely to occur. The document does not issue guidelines that distinguish between outdoor and indoor events.

http://www.cdc.gov/h1n1flu/guidance/public_gatherings.htm

Facemask and respirator use:

This document provides information on the effectiveness of facemask and respirators for decreasing the risk of influenza infection in community settings. <http://www.cdc.gov/h1n1flu/masks.htm>

Guidance for Homeless & Emergency shelters:

This document suggests means to reduce the spread of H1N1 in these settings and communities.

<http://www.cdc.gov/h1n1flu/guidance/homeless.htm>

Guidance for Correctional & Detention Facilities:

Document provides guidance for correctional facilities during the outbreak to ensure continuation of essential public services and protection of the health and safety of inmates, staff and visitors. It contains examples of how to reduce risk of introduction into institutions and the rapid detection and management of cases.

http://www.cdc.gov/h1n1flu/guidance/correctional_facilities.htm

Guidance for Child Care Programs, Schools, Colleges and Universities

Guidance on helping child care & early childhood programs respond to H1N1:

Guidance is provided to help decrease the spread of H1N1 among children in early childhood programs and providers.

<http://www.cdc.gov/h1n1flu/childcare/guidance.htm>

Guidance for Clinicians

New! *2009 H1N1 Flu and Seasonal Flu Information for Rheumatology Health Professionals*
Information for health professionals working with patients with inflammatory arthritis and rheumatic diseases.

http://www.cdc.gov/h1n1flu/arthritis_clinicians.htm

Interim Recommendations for Obstetric Health Care Providers:

Guidance related to the use of antiviral medications in the treatment and prevention of influenza for the 2009-2010 Season for obstetricians.

http://www.cdc.gov/H1N1flu/pregnancy/antiviral_messages.htm

Antiviral Recommendations:

Document provides guidance on the use of antiviral agents for treatment and assists clinicians in prioritizing use of antivirals for patients at a higher risk.

<http://www.cdc.gov/h1n1flu/recommendations.htm>

Emergency Use Authorization of Medical Products:

Document discusses authorization, procedures and use of medical products that are unapproved.

<http://www.cdc.gov/h1n1flu/eua>

Clinician Guidance for Specific Audiences

The following documents discuss guidance for patients with cardiovascular disease, HIV infected patients, pregnant women, infants and children.

<http://www.cdc.gov/h1n1flu/guidance/cardiovascular.htm>

http://www.cdc.gov/h1n1flu/guidance_HIV.htm

http://www.cdc.gov/h1n1flu/clinician_pregnant.htm

<http://www.cdc.gov/h1n1flu/childrentreatment.htm>