

The following procedure executes Board Policy 5151.06:

**PROCEDURE FOR SELF-ADMINISTRATION OF  
MEDICAL INHALERS OR EPINEPHRINE AUTO-INJECTORS**

**Meter Dose Inhalers (MDI) for treatment of asthma and other potentially life-threatening respiratory illness or Epinephrine Auto-injector for severe allergic reaction (anaphylaxis):**

Parents or guardians of the student will provide:

1. Written authorization to the school for the self-administration of the medication.
2. Written authorization from the physician that the pupil has asthma or other potentially life-threatening respiratory illness or severe allergic reaction (anaphylaxis), and is instructed in and capable of the proper self-administration.

Physician or health care provider information shall contain:

- a. The student's name, address, and an emergency phone number for contacting the parents, guardian, or other person having charge of care of the student in an emergency.
- b. The name, dosage, directions for and purpose of the medication in the inhaler or epinephrine auto-injector.
- c. Dates the administration of the medication is to begin and end.
- d. Circumstances under which the medication should be administered.
- e. Possible side effects of the medicine.
- f. Known allergies and triggers.
- g. Actions to take in the event of an emergency, including if the medication does not improve the child's breathing.
- h. Adverse reactions that should be reported to a physician.
- i. Any severe adverse reactions that may occur to another child, for whom the inhaler or epinephrine auto-injector is not prescribed, should such a child receive a dose of the medication.
- j. At least one emergency number for the physician.
- k. Verification of training in self-administration.

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